

Run for Heroes 5K
Frederick, MD
Saturday, June 11, 2016

Place	Name	Age	Gender	Time
1	Joe Wiegner	34	M	16:02
2	Wade Miller	25	M	16:10
3	Andrew Spangenberg	32	M	17:10
4	Eamon Connelly	34	M	17:47
5	Clark Seniff	29	M	18:04
6	Stephanie Borland	25	F	18:24
7	Curt Bachus	51	M	18:48
8	Brad Baker	20	M	19:29
9	Christian Gervase	15	M	19:38
10	Maria Borland	25	F	19:39
11	Susan Borland	54	F	21:59
12	Marcos Santiago	37	M	22:24
13	Ryan Chandler	34	M	24:06
14	Carolyn West	27	F	24:48
15	Patrick Donnelly	46	M	24:57
16	Josh Holcomb	32	M	25:02
17	Catherine Hughes	50	F	25:19
18	Ganege Dayaprema	54	M	25:30
19	Kate Sigman	18	F	25:31
20	Tammy Sigman	46	F	25:33
21	Allison Duffy	30	F	25:55
22	Todd Heerd	49	M	26:26
23	Stuart Scarborough	55	M	26:50
24	Donna Goff	50	F	27:17
25	Heather Heerd	46	F	27:34
26	Pedro Bringas-Casado	45	M	28:05
27	Matt Beckwith	63	M	28:17
28	Hannah Kilduff	23	F	28:27
29	Nina Catron	49	F	28:41
30	Stephanie Kavanaugh	48	F	28:41
31	Jillian Harvey-Ku	39	F	28:52
32	Tara Butler	29	F	29:24
33	Jessica Giles	25	F	29:40
34	Mike Wilkins	41	M	30:37
35	Nikki Martin	43	F	30:45
36	Evelyn Etchison	18	F	31:00
37	Marietta Squirre		F	31:03
38	John Kittleton	51	M	31:45
39	David Tressler	9	M	32:20
40	Crystal Tressler	38	F	32:21
41	Donnie Manning Jr.	40	M	32:28
42	Walter Rocky	77	M	33:16

43	Sarah Mulvehill	23	F	33:29
44	Peggy Mulvehill	59	F	33:44
45	Jade Iopeka	51	M	34:10
46	Rachel Rose	27	F	34:35
47	Steven Ross	36	M	34:37
48	Leslie Nuse	70	F	34:48
49	Carrie Hanscom	43	F	34:54
50	Kim Ross	35	F	34:56
51	Erin Hanson	37	F	35:30
52	Sammie Burkes	45	M	35:31
53	Tuonda Bailey	52	F	35:33
54	Darin Hamberger	26	F	36:18
55	Rachel Cadden	30	F	37:23
56	Jennifer Wilkins	35	F	38:24
57	Chantelle Custodio	35	F	40:33
58	Evelyn Marshall	47	F	41:44
59	Amy Manning	42	F	42:10
60	Deirdre Perez	51	F	43:40
61	Michelle Flanagan	38	F	45:27
62	Jennifer Tingley	51	F	46:36
63	Terri Kalb	49	F	46:37
64	Louise Shipley	61	F	48:13