

**Frederick Steeplechasers Running Club Executive Board Meeting - Public
February 24, 2016**

Attendees

Lou King
Harriet Langlois
Javier Montenegro
Sage Norton
Art Gregory
Ruth Taylor
Billy Clem
Nikki Martin
Kerry McHugh
Mark Lawrence
Brent Ayers
Lori Mensh
Pam Geernaert
Katelin Peropat
Chris VanSant
Mike O'Grady
John Stuart
Bryan Bubczyk

Meeting called to order at 6:11 p.m. by President Lou King
A motion was made by Lou **to approve last board meeting's minutes**
Javier seconds the motion.
The motion was **approved by all members in attendance.**

Conflict of Interest Disclosure - handed out/collected for those people that need to make changes/updates/submit initial COI

Treasurer's Report-Harriet Langlois

February 24, 2016 Treasurer's Report is available on request.

MOTION: Harriet Langlois made motion **to accept the 2016 Budget as proposed**
Mark Lawrence seconds that motion
Motion passed unanimously by members of the Executive Board

MOTION: Lou King made motion **to accept the 5% FSRC Race Admin Fee**
Pam Geernaert seconds the motion
Motion passed unanimously by members of the Executive Board

Budget proposals may be submitted for consideration for additional 2016 spending.

Annual Report Review

Lou changed the pictures and updated all pertinent information applicable for 2015
Talk about our Signature Races plus Pie Run and Lewis
Show our community service, banquet,

MOTION: Lou King makes motion that the **Club approves the Annual Report, as proposed, for distribution to the club membership and to the public**

John Stuart seconds the motion

The board **unanimously approves the motion**

Race Revenue Proposals

- Ricks's Run Charitable Focus- Mike O'Grady
 - After Larry's passing Mike thought a scholarship in Larry's name would be a great way to remember him.
 - Mike has raised close to \$1000 for the 2016 recipients (Mike has commitments that he feels will reach \$2k prior to the run), hopes to reach \$3-\$4K for 2016 recipients
 - Rick's Run profits will be put towards 2017 and beyond scholarship recipients, some will be put into an endowment
 - Donation Run/Walk on April 17th up in the Watershed, will be an all day event beginning at 8. It will include a 5 mile loop
 - Mike has researched two ways of funding, GoFundMe run through the club so it can be a charitable donation or Red Basket can do this without taking a cut from the profit
 - Recommend we write into the scholarship that this takes into consideration the recipient's "citizenship"

ACTION: Brent said this scholarship needs to be discussed with a Compliance Officer. There is some red tape with NCAA and scholarships money especially if an individual is planning to continue with their sport. Recommends speaking to his contact at Hood College.

- Summer Solstice Twilight 8k
 - Proceeds go to Blessings in a Backpack, Frederick Chapter

MOTION: Lou King makes motion that **club approves the Summer Solstice Twilight 8k, as proposed for the 2016 race**

Pam Geernaert seconds the motion

Motion **passes unanimously**

- Women's Distance Festival
 - Proceeds go to the Women's Giving Circle of Frederick County

MOTION: Lou makes motion that **club approves the Women's Distance Festival 5k, as proposed for the 2016 race**

Javier Montenegro seconds the motion

Motion **passes unanimously**

- Market Street Mile
 - Proceeds will go to the Lincoln Panther program and a second charity TBD

MOTION: Lou King makes motion that **club approves the Market Street Mile, as proposed for the 2016 race**

Pam Geernaert seconds the motion

Motion **passes unanimously**

- Rick's Run
 - Proceeds will go to the FSRC Memorial Scholarship Fund

MOTION: Lou King makes motion that **club approves the Rick's Run, as amended in this meeting, for the 2016 race**

John Stuart seconds the motion

Motion **passes unanimously**

Sponsorship Updates

ITSF and Saucony will be sponsoring the Ice Cream Social at the decathlon 800m

Xoskin has offered to sponsor club

- Will donate the use of the clubhouse for the Lewis Run
- Women's Distance Festival

General Membership Meeting

Based on 2015 we are recommending some changes - reduce the amount of screen time and offer more social time

- For 2016 there will be a Club Operations presentation (~10 mins), a short movie (~30 mins), and social hour for the remainder of the meeting.
 - Billy suggested we have a volunteer table of so sorts to offer opportunities to members to see what type of volunteering positions are available (races, committees, training groups, etc)
 - It will be BYOB and club will provide food

Policy Reviews

- Advertising on Facebook Policy - limit advertising of non-local or for profit races, vendors, or their proxies, not intending to limit posts from members who are happy with a business
- Local Running-related businesses who want to be known by FSRC members - must be a "friend" of the Steeplechasers and has given back to the club

MOTION: Lou King makes motion that **club approves the FSRC Advertising Policy as proposed**

Pam Geernaert seconds motion

Motion **passes unanimously**

- Race Bib Transfer Policy - unless the race says it is ok these race entries are non-transferrable for a variety of reasons (safety, skewed results, insurance claims, etc.)
- Any bib found to have been transferred will have the associated result disqualified.

MOTION: Lou King makes motion that **club approves the FSRC Race Bib Transfer Policy as amended**

Javier Montenegro seconds motion

Motion **passes unanimously**

Banquet and Decathlon Awards

- Art and Ruth are looking for any suggestions in reference to the Banquet
 - May look into changing the venue and other catering ideas
 - Cost might be an issue
 - Not sure changing the venue is necessary yet
- Picnic - Art is suggesting we move the Decathlon Awards to the picnic to break up the length of time of the banquet and also include more awards for the banquet.
 - With Decathlon Awards being given at picnic it should generate a higher turnout at the picnic.
 - There was no opposition to this idea, in fact all comments about this were positive
 - This will move the picnic to August 27th, 2016

Suggestion Box

Nicole Davis - Recommending we make a Club Spirit Award as well as some others that recognize members throughout the club.

RESULT: The Competition Committee will explore some new awards for the 2017 Banquet.

Minors in Training Programs

Javier and Brent

- We have in the past had minors in the 5k program but nothing beyond that
- We have had minors recently express interest in the half-marathon program
- How do we protect these minor as well as liability of the club for their safety?

Brent briefly surveyed 10 local half-marathon programs referencing minors, he noted the following:

- 16 or 18 year requirement but a couple allowed a determination to be made by the program director
- It is hard to set a blanket policy because kids can come in all forms of maturity regardless of age
- Need to make an educated judgement regarding youth in terms of physical development, maturity, past experience, etc
- Some programs have set an age limit and then set a procedure to appeal the age limit
- There is no governing body in the US and Great Britain that has any championship race over 5,000m for minors

We currently have 3 minors (13 yr old) enrolled in the half-marathon program and need to come up with an interim solution addressing the 3 minors enrolled in the program

- Finding a designee to run with the minors seems to be acceptable by all current parental parties

When we draft up the official policy we limit the age to 16 and older for the half and 18 for the marathon

Lou drafted some waivers for the parents to sign stating they will have a designee to run with their children

There are new sign-in sheets for Breakfast Runs and Half Marathon Training Runs where the parents sign a waiver stating they will run with their child

Education Night

Three education nights in the works:

- stretching clinic
- shoe panel
- nutrition (Brent will get in touch with nutritionist that Hood College uses)

Looking for other suggestions for topics for ed night

- Brent is going to do a fall panel about athletics in college and what to expect, the panel will include Brent and a retired coach from the Mount - looking for October/November timeframe

Other Topics

Action Item Reviews

Bib Transfer Policy - complete

FSRC Advertising Policy - complete

Port-a-potty at the Pie Run - complete - Cold Deer Fishing and Hunting Club

Status Report Highlights

Trails in Motion at Tea Room

567 Members as of 2/22/16

Volunteer Appreciation sent to Lori

Club Photo at Ice Cream Social

Public Relations - several articles in the FNP

Training programs in full swing - half/full marathon groups

Panther Running Club had 50 kids in last session - 12 returning coaches

MSM - considering a starting mat

WDF - has the city permit but still working with county engineering to allow for a single loop

Summer Solstice 8k has received approval from the city

New MD RRCA rep will replace Dwight - we will comp their membership so they can be a member of all the clubs

We have a space reserved at the Frederick Running Festival Expo

ACTIONS

Check with Corrigan Sports about space on the infield for the FRF

Contact Lowell about setting up a tent at the finish line for the Gettysburg North-South Marathon

Lou moves that we adjourn the meeting at 8:13 pm

Pam seconds the motion

