

FSRC Summer Decathlon 3200 Meter Handicapped Race  
Frederick, MD  
Wednesday, May 29, 2019

<b>Place</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Gender</b>	<b>Time</b>
1	Rick	Kern	53	M	12:35
2	Chris	Van Sant	47	M	13:02
3	Ted	Poulos	56	M	13:28
4	Matt	Rydzik	31	M	13:36
5	Ted	Poulos	57	M	13:38
6	Scott	Wallace	38	M	14:03
7	Bill	Stahr	58	M	14:38
8	Erica	McCann	39	F	16:46
9	Jeanette	Novak	75	F	25:02