

## Frederick Steeplechasers Running Club General Membership Meeting – 26 Nov 2018

**Attendees:** Jill Cameron, President  
Eric Cameron, Vice-president  
Harriett Langlois, Treasurer  
Nicole Davis, Secretary

Additional members of the board and general membership as listed in:  
[Steeplechasers sign in sheet November 2018](#)

Note: Meeting was originally scheduled for 15 November. Severe weather required postponement to 26 November.

**Call to Order** - Jill Cameron

Meeting called to order at 6:15 pm.

Full details of the meeting talking points can be found at:

Reference Files: [Membership Meeting](#)

In general, the focus of the meeting was to update the membership on the overall status of the club and acknowledge club volunteers.

### **2018 Highlights**

- \$62394 raised for the Frederick community
- 1790 Signature race participants
- 990 FSRC members
- 91 volunteers, with 30 participating in 2-3 activities, 61 in 5 or more

### **JFK Aid Station**

- FSRC won the Roy Elder Spirit Award for the second year in a row.

### **Past Presidents/Board of Directors**

- Past presidents currently serving on the Board of Directors include: Tim O'Keefe, Brent Ayer, Mark Lawrence, John Stuart, Pam Geernaert, and Lou King

### **Executive Officers**

- President: Jill Cameron
- Vice-President: Eric Cameron
- Treasurer: Harriet Langlois
- Secretary: Nicole Davis

## **Signature Races**

### ***Summer Solstice Twilight 8k***

- Race Director: Alex Young
- Raised \$19142 for Blessings in a Backpack

### ***Women's Distance Festival***

- Race Director: Harriet Langlois
- Raised \$24471 for Women's Giving Circle

### ***Market Street Mile***

- Race Director: Lou King
- Raised \$11654 for the Lincoln Panther Running Club and the Student Homelessness Initiative Project

### ***Rick's Run***

- Race Directors: Crista Horn and Bill Susa
- Raised \$7127 for the FSRC Memorial Scholarship Fund

## **Low Key Races**

- Lewis Run 10 Miles - Race Director: Mark Lawrence
- Run for the Pie 10k - Race Director: Mark Lawrence
- Independence 5k - Race Director: Victor Cretella

## **Race Support Committee**

- Chair: Mark Lawrence

## **Communications Committee**

- Outgoing Chair: Anne Schubert
- Incoming Chair: Louis Schiavone

## **Public Relations**

- Chair: Louis Schiavone

## **Newsletter**

- Chair: Roseann Abdu

## **Competition Committee**

- Chair: Shannon Matthews
- Team: Ruth Taylor, Jenny Halberg, Lou King

## **Racing Team**

- Chair: Chris VanSant

## **Summer Decathlon**

- Chair: Tim O'Keefe

### **Membership**

- Chairs: Kerry McHugh, Nikki Martin

### **Education Nights**

- Chair: Pam Geernaert

### **Panther Running Club**

- Head Coach: Josh Henson

### **Training Programs**

- Chairs: Billy Clem, Nicole Davis
- Coaches
  - Marathon: Heidi Novak, Crystal Tressler
  - Spring Half Marathon: Heidi Novak, Crystal Tressler
  - Fall Half Marathon: Josh Roane, Anne Shubert
  - Women's Distance Festival 5k: Syble Roane, Casii Dodd, Marti Grib-Kachman
  - Coed 5k: Robert Hall
- New RRCA Certified Coaches
  - Josh Roane
  - Syble Roane
  - Crystal Tressler
  - Robert Hall
  - Anne Shubert

### **Spires Youth Program**

- Head Coach: Trevor James

### **Social Committee**

- Chair: Heidi Novak

### **Technology Committee**

- Chair: Lou King

### **Store**

- Chair: Josh Roane

### **FSRC Officer Slate**

- President - Robert Hall
- Vice President - Josh Roane
- Treasurer - Crystal Tressler
- Secretary - Heidi Novak

### **Ted Talk - Are Athletes Really Getting Faster, Better, Stronger? By David Epstein**

**Movie - Where Dreams Go to Die, Gary Robbins and the Barkley Marathons**

**Recorded by:** Nicole Davis, Secretary