

**CATOCTIN AQUEDUCT BENEFIT 10 5 K Run/Walk**

**Sat. Sept 27, 2008**

**C and O Canal National Historical Park - Point of Rocks, MD**

**Organizer: Point of Rocks Ruritan Club [www.pointofrocks.org](http://www.pointofrocks.org)**

Timed Results by Frederick Steeplechasers Running Club <a href="http://www.steeplechasers.org">www.steeplechasers.org</a>								
<b>10 K RACE 53 Runners</b>								
Overall	LAST	FIRST	TIME	Age	Sex	Placing	CITY	ST
						<b>1st Men 30-39, and Overall</b>		
1	Silvio	Jay	0:37:17	38	M	Winner Men	Frederick	MD
2	Dodson	Stephen	0:42:21	47	M	1st Men 40-49	Thurmont	MD
3	Stanczyk	Daniel	0:42:38	25	M	1st Men 20-29	Frederick	MD
4	Stuart	John	0:43:46	41	M	2nd Men 40-49	Boonsboro	MD
5	Pilarcik	Steve	0:44:01	46	M	3rd Men 40-49	Middletown	MD
6	Poppert	Dan	0:45:37	37	M	2nd Men 30-39	Frederick	MD
7	O'Keefe	Tim	0:46:46	55	M	1st Men 50-59	Middletown	MD
8	Pilarcik	Seth	0:49:17	21	M	2nd Men 20-29	Middletown	MD
						<b>1st Women 40-49, and Overall</b>		
9	Johnson	Miqui	0:50:22	42	F	Winner Women	Frederick	MD
10	Gardner	Karen	0:50:25	49	F	2nd Women 40-49	Keedysville	MD
11	Anderson	Mark	0:50:31	53	M	2nd Men 50-59	Westminster	MD
13	Martin	Jeff	0:51:21	46	M		Frederick	MD
14	Griffin	Melissa	0:51:34	31	F	1st Women 30-39	New Market	MD
15	Cleland	Richard	0:51:36	59	M	3rd Men 50-59	Leesburg	VA
16	Opperman	Vince	0:51:56	58	M		Germantown	MD
17	Delbakzo	Mike	0:51:59	31	M	3rd Men 30-39	Point of Rocks	MD
18	Parilla	Melissa	0:52:02	40	F	3rd Women 40-49	New Market	MD
19	Carlstrom	Brian	0:52:10	42	M		Middletown	MD
20	Johnson	Tim	0:52:15	49	M		Frederick	MD
21	Robinson	Kevin	0:52:16	55	M		Gettysburg	PA
22	Vaca	Miranda	0:52:39	24	F	1st Women 20-29	Martinsburg	WV
23	Schneider	Michael	0:52:42	40	M		Point of Rocks	MD
24	Omdahl	Linda	0:54:45	45	F		Jefferson	MD
25	Schneider	Jeffery	0:56:36	32	M		Arlington	VA
26	Pilarcik	Alyssa	0:56:44	21	F	2nd Women 20-29	Middletown	MD
12	Klein	Jack	0:57:13	63	M	1st Men 60+	Spring Grove	PA
27	May	Gene	0:57:19	58	M		Frederick	MD
28	Key	Larry	0:57:43	61	M	2nd Men 60+	Frederick	MD
29	Hoover	P.K.	0:58:19	54	M		Gettysburg	PA
30	Doolittle	Melanie	0:58:45	34	F	2nd Women 30-39	Frederick	MD
31	Merritt	Barry	0:59:17	57	M		Gaithersburg	MD
32	Cashen	Michael	1:00:51	51	M		Leesburg	VA
33	Angstadt	Angie	1:03:01	47	F		Gettysburg	PA
34	Johnson	Maggie	1:03:02	12	F	1st Women Under 20, Youngest	Frederick	MD
35	Freeman	Stephanie	1:03:12	39	F	3rd Women 30-39	Mt. Airy	MD
36	Bolen	Karen	1:03:31	36	F		Jefferson	MD
37	Rossi	Colleena	1:06:38	34	F		Mt. Airy	MD
38	Johnson	Kristin	1:06:58	14	F	2nd Women Under 20	Frederick	MD

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<b>10 K RACE continued</b>								
<b>Overall</b>	<b>LAST</b>	<b>FIRST</b>	<b>TIME</b>	<b>Age</b>	<b>Sex</b>	<b>Placing</b>	<b>CITY</b>	<b>ST</b>
39	Bush	Martha	1:07:25	55	F	1st Women 50-59	Westminster	MD
40	Ruth	Philip	1:10:03	69	M	3rd Men 60+	Hagerstown	MD
41	Roe	Pete	1:10:58	47	M		Knoxville	MD
42	Pilarcik	Tammy	1:11:38	47	F		Middletown	MD
43	Geasler	Shelly	1:11:52	45	F		Knoxville	MD
44	Taub	Benjamin	1:11:52	47	M		New Windsor	MD
45	Dodson	Janice	1:12:06	42	F		Thurmont	MD
46	Wolcott	Carol	1:14:20	37	F		Adamstown	MD
47	Knott	Michele	1:14:21	34	F		Lake Villa	IL
48	Kinder	Brenda	1:14:22	54	F	2nd Women 50-59	Jefferson	MD
49	Gray	Christine	1:14:52	35	F		Germantown	MD
50	Feinstein	Beth	1:16:07	30	F		Mt. Airy	MD
51	Farmer	Diane	1:29:01	52	F	3rd Women 50-59	Jefferson	MD
52	Farmer	Gene	1:29:02	50	M		Jefferson	MD
53	Delbakzo	Erin	no time	20	F		Point of Rocks	MD

<b>5 K RACE - 24 Runners</b>								
1	Miller	Bobby	0:21:00	30	M	1st Men 30-39	Myersville	MD
2	Gaul	Curt	0:23:23	47	M	1st Men 40-49	Williamsport	MD
3	Mayner	Troy	0:24:14	29	M	1st Men 20-29	Leesburg	VA
4	Clark	Jack	0:24:31	65	M	1st Men 60+	Barnesville	MD
5	Hebert	Steve	0:27:42	52	M	1st Men 50-59	Jefferson	MD
6	Mattingley	Erin	0:28:18	24	F	1st Women 20-29	Middletown	MD
7	Hanlon	Katie	0:28:19	21	F	2nd Women 20-29	Fairfax	VA
8	Carpenter	Debbie	0:28:26	37	F	1st Women 30-39	McHenry	MD
9	Cielano-Cleland	Jackie	0:29:12	47	F	1st Women 40-49	Leesburg	VA
10	Gereghy	James	0:29:15	49	M	2nd Men 40-49	Keedysville	MD
11	Mayner	Meredith	0:29:38	26	F	3rd Women 20-29	Leesburg	VA
12	Crutchley	Lana	0:32:13	40	F	2nd Women 40-49	Brunswick	MD
13	Crutchley	Michael	0:32:31	40	M	3rd Men 40-49	Brunswick	MD
14	Grimm	Danielle	0:33:33	25	F		Point of Rocks	MD
15	Evans	Olivia	0:35:02	45	F	3rd Women 40-49	Brunswick	MD
16	Miller	Caroline	0:36:50	28	F		Myersville	MD
17	Maier	Virginia	0:37:50	40	F		Point of Rocks	MD
18	Doyle	Julie	0:38:00	36	F	2nd Women 30-39	Point of Rocks	MD
19	Hendrick	Lisa A.	0:41:26	50	F	1st Women 50-59	Martinsburg	WV
20	Washburn	Walt	0:42:38	85	M	2nd Men 60+ and most senior competitor	Vienna	VA
21	Thompson	Sheila	0:46:41	66	F	1st Women 60+	Walkersville	MD
22	Gulley	Patrick K.	0:50:40	23	M	2nd Men 20-29	Point of Rocks	MD
23	Gulley	Brittany K.	0:50:41	23	F		Point of Rocks	MD
24	Norris	Linda	1:29:00	45	F		Thurmont	MD

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**5K Benefit Walk Participants - 24 Entries, not timed - alphabetical order**

LAST	FIRST
Addo	William
Angstadt	Carol L.
Angstadt	Lisa
Hanlon	Cindy
Keisling	Lisa
Keisling	Sophia
Keisling	Staley
Keisling	Tyler Shipp-
Levesque	Mary
Lewis	George E.
Mattingley	Mark
Mattingley	Suzette
Osborn	Randall
Rucosky	Larry
Sanford	Ellen
Smith	Beth
Theisen	Edward L.
Theisen	Lisa B.
Utterback	Erin
Utterback	Gary
Valentine	Amy
Valentine	Steve
Walters, Jr.	Phillip
Wicks	Joan

**Event Sponsors:**

**Platinum:** Clevenger Corporation - Beltsville, MD

**Gold:** C&O Canal National Historical Park  
 Bob's Bike Shop - Poolesville, MD  
 Canal Run - Mackintosh Realtors - Frederick, MD  
 Target Sheet Metal, Inc. - Gaithersburg, MD

**Supporting:** over 15 businesses, organizations, and individuals

**Awards:** Medal 1st place, prizes 1st 3 places, raffle various items  
 Overall Men/Women: special Adopt-a-Stone certificate

**Event:**  
 2nd year of event - and - added 10K category  
 Changed location from Lander to Point of Rocks, MD  
 Weather: about 70 degrees, humid, light drizzle  
 Heavy rain 3 am night before, thunder 4 am  
 Towpath conditions: heavy rain night before  
 Nat'l Park filled potholes with stone in week before event,  
 - reducing mud and water holes to just a few spots.  
 Volunteers from C&O Bike Patrol, POR Ruritan Club,  
 and Catoctin Aqueduct Restoration Fund, plus  
 Frederick Steeplechaser Running Club.

TOTAL 73 RUNNERS & 24 WALKERS = 97 Started  
 plus: 6 Runners & 4 walkers who registered, but not started

Submitted by Pepper Scotto, Race Director, 301-834-9907