

4-Feb 2012 Lewis Memorial 10-Mile Run

Frederick, MD

Place	Runner	Actual Time	Predicted Time	Age	Gender	City	State	Club
1	Karsten Brown	1:02:00	1:00:35	37	M	Front Royal	VA	FSRC
2	Chad Connors	1:07:24		34	M	Adamstown	MD	FSRC
3	Lance Dockery	1:08:08	1:07:00	20	M	Jefferson	MD	FSRC
4	Sage Norton	1:08:27	1:12:30	32	F	Frederick	MD	FSRC
5	David Lieb II	1:09:54	1:12:00	19	M	Middletown	MD	FSRC
6	Chad Ahalt	1:10:16	1:11:47	32	M	Frederick	MD	FSRC
7	Stephen Wills	1:10:22	1:10:00	50	M	Washington	DC	
8	John Way	1:11:50	1:12:34	46	M	Montgomery Village	MD	FSRC
9	David Lieb	1:12:39	1:04:30	51	M	Middletown	MD	FSRC
10	Ron Black	1:13:32	1:11:00	56	M	Boonsboro	MD	FSRC
11	Jim Salley	1:13:55	1:11:30	50	M	Frederick	MD	FSRC
12	Tim Hugen	1:14:34	1:12:30	45	M	Mt. Airy	MD	FSRC
13	Mike Cannon	1:15:22	1:12:32	53	M	Springfield	VA	
14	Malcolm Senior	1:15:32	1:17:17	61	M	New Market	MD	FSRC
15	PJ Anderer	1:15:43	1:12:01	33	M	Baltimore	MD	FSRC
16	Bill Stahr	1:15:47	1:14:23	51	M	The Plains	VA	
17	Keary Johnston	1:18:13	1:30:00	46	F	Frederick	MD	FSRC
18	Rachael Murphy-Ryan	1:18:56	1:20:00	24	F	Frederick	MD	FSRC
19	Tim O'Keefe	1:19:23	1:20:00	58	M	Middletown	MD	FSRC
20	Chris Farmer	1:20:16	1:19:43	32	M	Columbia	MD	
21	Brian Gregory	1:22:04	1:30:00	51	M	Frederick	MD	FSRC
22	Myron Kremer	1:22:09	1:23:45	54	M	Winchester	VA	
23	Bruce Attavian	1:23:25	1:30:00	62	M	Hagerstown	MD	FSRC
24	Amanda An	1:23:45	1:22:48	24	F	Ellicott City	MD	
25	Bev Black	1:23:56	1:21:00	51	F	Boonsboro	MD	FSRC
26	Sherlene Lequay	1:24:59	1:29:30	24	F	Emmitsburg	MD	FSRC
27	Jerry DeLauder	1:25:45	1:37:37	37	M	Frederick	MD	FSRC
28	Katy Warehime	1:26:50	1:40:00	29	F	Boonsboro	MD	FSRC
29	Joanne Capoccia	1:26:55	1:35:00	43	F	Frederick	MD	FSRC
30	Rupert Bullard	1:27:00	1:36:38	47	M	Frederick	MD	FSRC
31	Crista Horn	1:27:05	1:30:00	40	F	Urbana	MD	FSRC

31 Pam Geernaert	1:27:05	1:30:00	44	F	Frederick	MD	FSRC
33 Kelly Schultz	1:27:19	1:33:44	27	F	Frederick	MD	FSRC
34 Chase LeClair	1:29:04	1:26:00	13	M	Frederick	MD	FSRC
35 Eddy Horn	1:31:57	1:37:00	49	M	Frederick	MD	FSRC
36 Paul Lyons	1:33:07	1:35:00	39	M	Frederick	MD	FSRC
37 Marti Grib-Kachman	1:33:17	1:40:59	50	F	Walkersville	MD	FSRC
38 Rick Gradoni	1:33:28	1:30:00	55	M	Frederick	MD	FSRC
39 Gerald Royston	1:33:32	1:35:00	60	M	Frederick	MD	FSRC
40 Uli Koehler	1:33:34	1:35:00	44	F	Frederick	MD	FSRC
41 Christine Dzara	1:33:38	1:42:00	32	F	Frederick	MD	FSRC
42 John Means	1:34:39	1:39:52	67	M	Hagerstown	MD	
43 Barb Rudakevych	1:36:54	1:44:00	43	F	Middletown	MD	FSRC
44 Becky Hub	1:38:10	1:40:00	47	F	Woodsboro	MD	
45 Jeff Jones	1:38:16	1:55:00	64	M	Hagerstown	MD	FSRC
46 Art Gregory	1:38:17	1:20:00	68	M	Ijamsville	MD	FSRC
47 Herman Smith	1:38:41	1:30:00	62	M	Frederick	MD	FSRC
48 Kim Hessong	1:40:03	1:45:00	44	F	Frederick	MD	FSRC
49 Robin McConaughey	1:40:45	1:44:00	50	F	Myersville	MD	FSRC
50 Rick O'Donnell	1:40:50	1:38:00	62	M	Frederick	MD	FSRC
51 Lori Henry	1:41:19	1:56:00	39	F	Knoxville	MD	FSRC
52 Brenda Jacobs	1:41:29	1:43:00	46	F	Frederick	MD	FSRC
53 Rick Albee	1:42:18	1:45:00	32	M	Frederick	MD	FSRC
54 Crystal Raines	1:43:16	1:45:00	36	F	Frederick	MD	FSRC
55 Jenni Gilroy	1:43:18	1:46:00	39	F	Walkersville	MD	FSRC
56 Frank LeClair	1:46:06	1:35:50	46	M	Frederick	MD	FSRC
57 Luanne Houck	1:46:12	1:49:00	46	F	Frederick	MD	FSRC
58 Susan Wood	1:47:02	1:42:20	47	F	Mt. Airy	MD	FSRC
59 Jim Meyers	1:56:05	1:52:30	61	M	York Haven	PA	FSRC
60 Lawrence Herman		2:12:00	45	M	Frederick	MD	