

FSC Lewis 10 Mile  
 Frederick, MD  
 Saturday, February 1, 2014

Place	Name	Ag	Sex	City	St	Actual	Predict
=====	=====	==	===	=====	==	=====	=====
1	Brad Sponaugle	33	M	Martinsburg	WV	1:06:34	2:00:00
2	Ryan Cooper	39	M	Frederick	MD	1:06:54	1:07:00
3	David Welch	45	M	Frederick	MD	1:07:00	1:08:00
4	George Corbi	50	M	Middletown	MD	1:09:55	1:11:00
5	Chad Ahalt	34	M	Frederick	MD	1:12:39	1:11:00
6	John Way	48	M	Montgomery Village	MD	1:12:47	1:11:40
7	Keary Johnston	48	F	Freerick	MD	1:12:58	1:20:00
8	Javier Montenegro	28	M	Frederick	MD	1:17:34	1:28:00
9	Bill Susa	51	M	Burkitsville	MD	1:17:41	1:23:45
10	Paul Smeck	45	M	Frederick	MD	1:17:43	1:30:00
11	Lori Cooper	38	F	Frederick	MD	1:18:12	1:23:00
12	Ron Black	58	M	Frederick	MD	1:18:52	1:15:00
13	Ruth Taylor	46	F	Frederick	MD	1:19:33	1:17:23
14	Billy Clem	44	M	Frederick	MD	1:19:48	1:22:10
15	Tim O'Keefe	60	M	Middletown	MD	1:20:53	1:21:21
16	Pam Geernaert	46	F	Frederick	MD	1:21:01	1:21:40
17	Scott Meredith	47	M	Frederick	MD	1:22:28	1:14:40
18	Jennifer Donoghue	22	F	Frederick	MD	1:22:57	1:19:00
19	James Moreland	61	M	Gaitherburg	MD	1:23:07	1:20:00
20	Karen Young	45	F	Beallsville	MD	1:23:20	1:22:40
21	Tim Thompson	36	M	Walkersville	MD	1:24:46	1:32:00
22	Janadel Harris	33	F	Frederick	MD	1:24:46	1:35:00
23	Alan Mulindwa	41	M	Columbia	MD	1:25:33	1:20:00
24	Mike O'Grady	60	M	Frederick	MD	1:26:06	1:26:00
25	Lorraine Sullivan	51	F	New Market	MD	1:26:16	1:28:04
26	Art Gregory	70	M	Ijamsville	MD	1:27:04	1:26:30
27	Peter Ricciuti	48	M	Frederick	MD	1:28:35	1:36:38
28	Joanne Capoccia	45	F	Frederick	MD	1:29:18	1:28:00
29	Bruce Attavian	64	M	Hagerstown	MD	1:30:29	1:30:00
30	Marti Grib-Kachman	52	F	Frederick	MD	1:30:50	1:40:00
31	Rich Potter	67	M	Middletown	MD	1:35:17	1:38:00
32	Katy Warehime	31	F	Frederick	MD	1:35:37	1:38:25
33	Kim Hessong	46	F	Frederick	MD	1:35:39	1:40:46
34	Susan Errickson	49	F	Frederick	MD	1:37:32	1:45:00
35	John Means	69	M	Hagerstown	MD	1:40:55	1:49:49
36	Rupert Bullard	49	M	Frederick	MD	1:42:21	1:43:40
37	Michelle Mitchell	56	F	Taneytwon	MD	1:42:54	1:45:00
38	Robin McConaughey	52	F	Myersville	MD	1:49:23	1:42:00
39	Larry Key	66	M	Frederick	MD	1:50:13	1:40:00
40	Mila Nemtsov	42	F	Frederick	MD	1:50:58	1:40:00
41	Marilyn Ludwick	62	F	Libertytwon	MD	2:02:10	2:05:00