

2013 St. John's 5K - Overall results, ordered by time

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Eamon Connelly	31	18:52	0.9952	67.03	18:47
2	John Way	47	20:28	0.8958	68.64	18:20
3	Blake Capella	14	20:50	0.9091	66.45	18:56
4	Scott Meredith	46	21:16	0.9028	65.55	19:12
5	Keary Johnston	47	21:25	0.8953	74.97	19:10
6	Peter Ricciuti	47	21:53	0.8958	64.20	19:36
7	Tori Arnold	26	22:00	1.0000	65.34	22:00
8	Ruth Taylor	45	22:11	0.9170	70.67	20:20
9	Paul Smeck	44	22:44	0.9169	60.38	20:51
10	Tim O'Keefe	60	22:54	0.8043	68.33	18:25
11	Arthur Gregory	69	23:37	0.7402	71.99	17:29
12	Bruce Attavian	63	23:45	0.7832	67.66	18:36
13	Lisa Hickman	46	23:53	0.9063	66.41	21:39
14	Ronald Black	58	24:30	0.8184	62.77	20:03
15	John Clarke	75	25:11	0.6808	73.41	17:09
16	Joanne Capoccia	44	25:53	0.9271	59.90	24:00
17	Beverly Black	52	26:17	0.8402	65.10	22:05
18	Shawn Clem	12	26:27	0.8675	54.85	22:57
19	Katie Staines	31	26:43	0.9987	53.87	26:41
20	Mark Gaffigan	50	27:19	0.8747	52.67	23:54
21	Herman Smith	63	27:39	0.7832	58.12	21:39
22	Penny Beeler	47	28:33	0.8953	56.24	25:34
23	Judy Goffi	53	29:15	0.8292	59.27	24:15
24	Kate Clark	35	29:28	0.9883	49.36	29:07
25	Bill Breen	55	29:47	0.8395	50.33	25:00
26	Fred Schumacher	65	31:58	0.7691	51.19	24:35
27	Sean Traube	12	32:52	0.8675	44.14	28:31
28	Margo Smith	63	34:55	0.7190	57.26	25:06
29	Jessica Lakner	12	37:01	0.9091	42.72	33:39
30	Diane Breen	53	39:20	0.8292	44.07	32:37

2013 St. John's 5K - Overall results, ordered by age grade

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place	name	age	time	factor	age grade	adj time
1	Keary Johnston	47	21:25	0.8953	74.97	19:10
2	John Clarke	75	25:11	0.6808	73.41	17:09
3	Arthur Gregory	69	23:37	0.7402	71.99	17:29
4	Ruth Taylor	45	22:11	0.9170	70.67	20:20
5	John Way	47	20:28	0.8958	68.64	18:20
6	Tim O'Keefe	60	22:54	0.8043	68.33	18:25
7	Bruce Attavian	63	23:45	0.7832	67.66	18:36
8	Eamon Connelly	31	18:52	0.9952	67.03	18:47
9	Blake Capella	14	20:50	0.9091	66.45	18:56
10	Lisa Hickman	46	23:53	0.9063	66.41	21:39
11	Scott Meredith	46	21:16	0.9028	65.55	19:12
12	Tori Arnold	26	22:00	1.0000	65.34	22:00
13	Beverly Black	52	26:17	0.8402	65.10	22:05
14	Peter Ricciuti	47	21:53	0.8958	64.20	19:36
15	Ronald Black	58	24:30	0.8184	62.77	20:03
16	Paul Smeck	44	22:44	0.9169	60.38	20:51
17	Joanne Capoccia	44	25:53	0.9271	59.90	24:00
18	Judy Goffi	53	29:15	0.8292	59.27	24:15
19	Herman Smith	63	27:39	0.7832	58.12	21:39
20	Margo Smith	63	34:55	0.7190	57.26	25:06
21	Penny Beeler	47	28:33	0.8953	56.24	25:34

22	Shawn Clem	12	26:27	0.8675	54.85	22:57
23	Katie Staines	31	26:43	0.9987	53.87	26:41
24	Mark Gaffigan	50	27:19	0.8747	52.67	23:54
25	Fred Schumacher	65	31:58	0.7691	51.19	24:35
26	Bill Breen	55	29:47	0.8395	50.33	25:00
27	Kate Clark	35	29:28	0.9883	49.36	29:07
28	Sean Traube	12	32:52	0.8675	44.14	28:31
29	Diane Breen	53	39:20	0.8292	44.07	32:37
30	Jessica Lakner	12	37:01	0.9091	42.72	33:39

2013 St. John's 5K - Women's results, ordered by time

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Keary Johnston	47	21:25	0.8953	74.97	19:10
2	Tori Arnold	26	22:00	1.0000	65.34	22:00
3	Ruth Taylor	45	22:11	0.9170	70.67	20:20
4	Lisa Hickman	46	23:53	0.9063	66.41	21:39
5	Joanne Capoccia	44	25:53	0.9271	59.90	24:00
6	Beverly Black	52	26:17	0.8402	65.10	22:05
7	Katie Staines	31	26:43	0.9987	53.87	26:41
8	Penny Beeler	47	28:33	0.8953	56.24	25:34
9	Judy Goffi	53	29:15	0.8292	59.27	24:15
10	Kate Clark	35	29:28	0.9883	49.36	29:07
11	Margo Smith	63	34:55	0.7190	57.26	25:06
12	Jessica Lakner	12	37:01	0.9091	42.72	33:39
13	Diane Breen	53	39:20	0.8292	44.07	32:37

2013 St. John's 5K - Women's results, ordered by age grade

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Keary Johnston	47	21:25	0.8953	74.97	19:10
2	Ruth Taylor	45	22:11	0.9170	70.67	20:20
3	Lisa Hickman	46	23:53	0.9063	66.41	21:39
4	Tori Arnold	26	22:00	1.0000	65.34	22:00
5	Beverly Black	52	26:17	0.8402	65.10	22:05
6	Joanne Capoccia	44	25:53	0.9271	59.90	24:00
7	Judy Goffi	53	29:15	0.8292	59.27	24:15
8	Margo Smith	63	34:55	0.7190	57.26	25:06
9	Penny Beeler	47	28:33	0.8953	56.24	25:34
10	Katie Staines	31	26:43	0.9987	53.87	26:41
11	Kate Clark	35	29:28	0.9883	49.36	29:07
12	Diane Breen	53	39:20	0.8292	44.07	32:37
13	Jessica Lakner	12	37:01	0.9091	42.72	33:39

2013 St. John's 5K - Men's results, ordered by time

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Eamon Connelly	31	18:52	0.9952	67.03	18:47
2	John Way	47	20:28	0.8958	68.64	18:20
3	Blake Capella	14	20:50	0.9091	66.45	18:56
4	Scott Meredith	46	21:16	0.9028	65.55	19:12
5	Peter Ricciuti	47	21:53	0.8958	64.20	19:36
6	Paul Smeck	44	22:44	0.9169	60.38	20:51
7	Tim O'Keefe	60	22:54	0.8043	68.33	18:25
8	Arthur Gregory	69	23:37	0.7402	71.99	17:29

9	Bruce Attavian	63	23:45	0.7832	67.66	18:36
10	Ronald Black	58	24:30	0.8184	62.77	20:03
11	John Clarke	75	25:11	0.6808	73.41	17:09
12	Shawn Clem	12	26:27	0.8675	54.85	22:57
13	Mark Gaffigan	50	27:19	0.8747	52.67	23:54
14	Herman Smith	63	27:39	0.7832	58.12	21:39
15	Bill Breen	55	29:47	0.8395	50.33	25:00
16	Fred Schumacher	65	31:58	0.7691	51.19	24:35
17	Sean Traube	12	32:52	0.8675	44.14	28:31

2013 St. John's 5K - Men's results, ordered by age grade

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	John Clarke	75	25:11	0.6808	73.41	17:09
2	Arthur Gregory	69	23:37	0.7402	71.99	17:29
3	John Way	47	20:28	0.8958	68.64	18:20
4	Tim O'Keefe	60	22:54	0.8043	68.33	18:25
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