

2013 Women's Distance Festival 5K - Women's results, ordered by time

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Cassy Crouse	32	19:50.0	0.9971	72.69	19:46.6
2	Keary Johnston	48	20:01.0	0.8843	81.21	17:42.0
3	Ruth Taylor	45	21:09.0	0.9170	74.12	19:23.7
4	Cheryl Connors	36	21:26.0	0.9841	68.15	21:05.6
5	Katy Warehime	31	22:28.0	0.9987	64.06	22:26.3
6	Kristin McPherson-Prat	35	23:09.0	0.9883	62.83	22:52.8
7	Janadel Harris	33	23:27.0	0.9948	61.62	23:19.7
8	Lisa Hickman	47	23:38.0	0.8953	67.94	21:09.5
9	Joanne Capoccia	45	23:41.0	0.9170	66.19	21:43.0
10	Tara Trageser	15	24:00.0	0.9550	62.72	22:55.2
11	Lorraine Sullivan	51	24:14.0	0.8512	69.69	20:37.6
12	Catie Lee	14	24:29.0	0.9419	62.33	23:03.7
13	Beverly Black	53	24:45.0	0.8292	70.05	20:31.3
14	Harriet Langlois	57	25:15.0	0.7851	72.51	19:49.4
15	Kelly Schultz	29	25:25.0	1.0000	56.56	25:25.0
16	Nicole Davis	42	25:35.0	0.9452	59.45	24:10.9
17	Katie Staines	31	26:06.0	0.9987	55.15	26:04.0
18	Martha Grib-Kachman	51	26:09.0	0.8512	64.58	22:15.5
19	Nicole Ann Smith	37	26:23.0	0.9793	55.64	25:50.2
20	Robin McConaughey	51	26:25.0	0.8512	63.93	22:29.1
21	Karyn White	44	26:27.0	0.9271	58.62	24:31.3
22	Ellen Pietanza	52	26:34.0	0.8402	64.40	22:19.3
23	Courtney Quatrano	32	26:42.0	0.9971	53.99	26:37.4
24	Linda Cronise	49	27:03.0	0.8733	60.85	23:37.3
25	Erica Houck	13	27:13.0	0.9266	57.00	25:13.2
26	Heather Keels	28	27:31.0	1.0000	52.24	27:31.0
27	Jennifer Gilroy	40	27:32.0	0.9608	54.34	26:27.2
28	Kirsten Roy	19	27:41.0	0.9961	52.13	27:34.6
29	Judy Goffi	53	27:44.0	0.8292	62.51	22:59.8
30	Stephanie Ottavan	40	27:52.0	0.9608	53.69	26:46.5
31	Judy Trentini	50	27:57.0	0.8623	59.65	24:06.0
32	Anne Light	59	28:10.0	0.7631	66.88	21:29.6
33	Effie Nomicos	53	28:30.0	0.8292	60.83	23:37.9
34	Leslie Nuse	68	29:06.0	0.6639	74.41	19:19.2
35	Casii Dodd	42	29:23.0	0.9452	51.76	27:46.4
36	Luanne Houck	48	29:30.0	0.8843	55.11	26:05.2
37	Wendy Martin	32	29:30.0	0.9971	48.87	29:24.9
38	Rachel Zeminski	29	29:34.0	1.0000	48.62	29:34.0
39	Lois Pruitt	45	29:34.0	0.9170	53.02	27:06.7
40	Carole Smith	58	30:00.0	0.7741	61.90	23:13.3
41	Alison Mokashi	34	30:14.0	0.9919	47.93	29:59.3
42	Robin Zabel	60	30:17.0	0.7521	63.12	22:46.5
43	Nina Connors	7	30:31.0	0.7886	59.73	24:04.0
44	Loretta Fady	64	30:40.0	0.7080	66.21	21:42.7
45	Nikki Martin	40	31:24.0	0.9608	47.65	30:10.1
46	Penny Beeler	47	31:55.0	0.8953	50.31	28:34.5
47	Roseann Abdu	41	32:42.0	0.9533	46.11	31:10.4
48	Leslie Stipcak	45	32:55.0	0.9170	47.62	30:11.0
49	Karyn Spertzel	51	33:28.0	0.8512	50.46	28:29.2
50	MaryKay Lee	44	33:30.0	0.9271	46.28	31:03.4
51	Kelly Wolfe	46	33:32.0	0.9063	47.30	30:23.4
52	Cindy Ash	41	34:48.0	0.9533	43.33	33:10.5
53	Beth Case	46	36:25.0	0.9063	43.56	33:00.2
54	Karen Coblentz	51	37:09.0	0.8512	45.46	31:37.3
55	Vicki Lee	46	37:29.0	0.9063	42.32	33:58.2
56	Diane Breen	53	38:00.0	0.8292	45.62	31:30.5
57	Sherrell Cottrell	42	38:33.0	0.9452	39.45	36:26.2

58	Lisa Willingham	43	39:02.0	0.9365	39.32	36:33.2
59	Sally Paroby	45	40:52.0	0.9170	38.36	37:28.4
60	Cindi Diamondstone	66	41:04.0	0.6859	51.03	28:10.0
61	Jeanine Hurley	49	41:36.0	0.8733	39.57	36:19.7
62	Katie Richardson	47	42:44.0	0.8953	37.57	38:15.5
63	Brecca Faust	38	44:10.0	0.9737	33.43	43:00.3
64	Linda Despeaux	66	44:49.0	0.6859	46.76	30:44.3

2013 Women's Distance Festival 5K - Women's results, ordered by age grade

NOTE: these results only show the FSRC members who ran the race

place	name	age	time	factor	age grade	adj time
1	Keary Johnston	48	20:01.0	0.8843	81.21	17:42.0
2	Leslie Nuse	68	29:06.0	0.6639	74.41	19:19.2
3	Ruth Taylor	45	21:09.0	0.9170	74.12	19:23.7
4	Cassy Crouse	32	19:50.0	0.9971	72.69	19:46.6
5	Harriet Langlois	57	25:15.0	0.7851	72.51	19:49.4
6	Beverly Black	53	24:45.0	0.8292	70.05	20:31.3
7	Lorraine Sullivan	51	24:14.0	0.8512	69.69	20:37.6
8	Cheryl Connors	36	21:26.0	0.9841	68.15	21:05.6
9	Lisa Hickman	47	23:38.0	0.8953	67.94	21:09.5
10	Anne Light	59	28:10.0	0.7631	66.88	21:29.6
11	Loretta Fady	64	30:40.0	0.7080	66.21	21:42.7
12	Joanne Capoccia	45	23:41.0	0.9170	66.19	21:43.0
13	Martha Grib-Kachman	51	26:09.0	0.8512	64.58	22:15.5
14	Ellen Pietanza	52	26:34.0	0.8402	64.40	22:19.3
15	Katy Warehime	31	22:28.0	0.9987	64.06	22:26.3
16	Robin McConaughey	51	26:25.0	0.8512	63.93	22:29.1
17	Robin Zabel	60	30:17.0	0.7521	63.12	22:46.5
18	Kristin McPherson-Prat	35	23:09.0	0.9883	62.83	22:52.8
19	Tara Trageser	15	24:00.0	0.9550	62.72	22:55.2
20	Judy Goffi	53	27:44.0	0.8292	62.51	22:59.8
21	Catie Lee	14	24:29.0	0.9419	62.33	23:03.7
22	Carole Smith	58	30:00.0	0.7741	61.90	23:13.3
23	Janadel Harris	33	23:27.0	0.9948	61.62	23:19.7
24	Linda Cronise	49	27:03.0	0.8733	60.85	23:37.3
25	Effie Nomicos	53	28:30.0	0.8292	60.83	23:37.9
26	Nina Connors	7	30:31.0	0.7886	59.73	24:04.0
27	Judy Trentini	50	27:57.0	0.8623	59.65	24:06.0
28	Nicole Davis	42	25:35.0	0.9452	59.45	24:10.9
29	Karyn White	44	26:27.0	0.9271	58.62	24:31.3
30	Erica Houck	13	27:13.0	0.9266	57.00	25:13.2
31	Kelly Schultz	29	25:25.0	1.0000	56.56	25:25.0
32	Nicole Ann Smith	37	26:23.0	0.9793	55.64	25:50.2
33	Katie Staines	31	26:06.0	0.9987	55.15	26:04.0
34	Luanne Houck	48	29:30.0	0.8843	55.11	26:05.2
35	Jennifer Gilroy	40	27:32.0	0.9608	54.34	26:27.2
36	Courtney Quatrano	32	26:42.0	0.9971	53.99	26:37.4
37	Stephanie Ottavan	40	27:52.0	0.9608	53.69	26:46.5
38	Lois Pruitt	45	29:34.0	0.9170	53.02	27:06.7
39	Heather Keels	28	27:31.0	1.0000	52.24	27:31.0
40	Kirsten Roy	19	27:41.0	0.9961	52.13	27:34.6
41	Casii Dodd	42	29:23.0	0.9452	51.76	27:46.4
42	Cindi Diamondstone	66	41:04.0	0.6859	51.03	28:10.0
43	Karyn Spertzel	51	33:28.0	0.8512	50.46	28:29.2
44	Penny Beeler	47	31:55.0	0.8953	50.31	28:34.5
45	Wendy Martin	32	29:30.0	0.9971	48.87	29:24.9
46	Rachel Zeminski	29	29:34.0	1.0000	48.62	29:34.0
47	Alison Mokashi	34	30:14.0	0.9919	47.93	29:59.3
48	Nikki Martin	40	31:24.0	0.9608	47.65	30:10.1

49	Leslie Stipcak	45	32:55.0	0.9170	47.62	30:11.0
50	Kelly Wolfe	46	33:32.0	0.9063	47.30	30:23.4
51	Linda Despeaux	66	44:49.0	0.6859	46.76	30:44.3
52	MaryKay Lee	44	33:30.0	0.9271	46.28	31:03.4
53	Roseann Abdu	41	32:42.0	0.9533	46.11	31:10.4
54	Diane Breen	53	38:00.0	0.8292	45.62	31:30.5
55	Karen Coblenz	51	37:09.0	0.8512	45.46	31:37.3
56	Beth Case	46	36:25.0	0.9063	43.56	33:00.2
57	Cindy Ash	41	34:48.0	0.9533	43.33	33:10.5
58	Vicki Lee	46	37:29.0	0.9063	42.32	33:58.2
59	Jeanine Hurley	49	41:36.0	0.8733	39.57	36:19.7
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61	Lisa Willingham	43	39:02.0	0.9365	39.32	36:33.2
62	Sally Paroby	45	40:52.0	0.9170	38.36	37:28.4
63	Katie Richardson	47	42:44.0	0.8953	37.57	38:15.5
64	Brecca Faust	38	44:10.0	0.9737	33.43	43:00.3